

Steve Thorp

development with a difference

Steve Thorp is an accomplished speaker, trainer and workshop leader who offers a genuinely different approach to your event or conference – providing personal and professional development of the highest quality. He can provide keynote addresses, thought-provoking talks and run training sessions from half a day upwards.



what's different?

Steve's specialises in personal development and wellbeing – and his eclectic and engaging presentations are peppered with poetry, wisdom and insights from psychology, science, organisational development and the arts.

Steve is not a motivational expert with a seven-point programme, nor a new-age guru offering enlightenment – rather his work is grounded in both real life and profound psychological insight.

Above all, however, he invites each person in the audience to reflect, imagine and engage with their own intuition, intelligence and soul.

Steve's approach is ideal for a keynote at a conference or gathering, a workplace CPD seminar, a personal development workshop or informal evening event. For many years, he has run short and long courses for large organisations – as well as working with individuals and small groups as a counsellor and therapist.

biography & background

Steve Thorp currently works as a counsellor, consultant and trainer. He is a published poet and runs two small businesses: **Lifescape** and *creative thorp* (with his wife, Mary).

In the past he has been a teacher, education advisor, local politician, youth leader and school governor. More recently was Operations Director for a large national charity, and has provided consultancy to organisations in the public, voluntary and private sectors over 20 years.

These have included VSO, Marconi Caswell Ltd., Teacher Support Network, Worklife Support Ltd., the National Association of Headteachers, National Union of Teachers, Cranfield University, a number of local authorities and numerous schools and colleges.

He has written widely – from education and training books through to poetry and an online 'weblog'. He surfs, does step aerobics and spends time on the beaches and headlands of Pembrokeshire whenever he can.

Steve Thorp provides training, workshops and advice a range of personal and professional development themes. If you are interested in having a discussion with Steve about providing a talk, workshop or training programme, institution, please contact him as below:

Contact Steve by phone: **07949553029**.

email: info@lifescape.org.uk.

Find out more about his work on his websites:

www.lifescape.me.uk/blog & www.lifescape.org.uk

talks & themes

All Steve's talks and workshop are suitable for CPD events, conferences and networking organisations. They can all be adapted to suit your particular event requirements. Similar titles and themes are also available.

The secrets of happiness

The title of Steve's 'signature talk' is self-explanatory – this wide-ranging presentation asks what we mean by happiness, and questions some of our assumptions about how we get there. Starts with Alice in Wonderland and takes in 'positive psychology', Greek mythology, Jackson Pollock, sanity and madness along the way!

The poet inside

Poetry takes us right into our inner-life – and our values, culture, ideas and imagination. In this talk, Steve shows how poetry goes to the heart of the matter quickly and directly. Not surprisingly Steve uses poetry – his own and that of others - to inspire, move and entertain.

The wellbeing puzzle

How can you get the best for your health and wellbeing at work? This presentation answers that question – and can be delivered to managers or groups of employees. It takes a comprehensive, challenging and practical approach to workplace wellbeing and why it matters.

The creative self

Creativity is a cornerstone of human happiness. This talk reflects on how we can all tap into our creative self and begin to experience 'flow'! The workshop version of this presentation invites people to begin be creative – in whatever way suits them!